



LEICESTER GRAMMAR SCHOOL TRUST

LGS STONEYGATE

RELATIONSHIP AND SEX EDUCATION POLICY

This is a whole school policy and as such also applies to the EYFS. This is one of the policies concerned with the curriculum. It should be read in conjunction with the policies on Safeguarding/Child Protection, Anti-bullying, Behaviour, Curriculum, Health and Safety, Equal Opportunities SMSC, Homework, More Able, SEND, and Acceptable Use of IT. It should also be read with regard to the Prevent Strategy and Keeping Children Safe in Education (2016).

Introduction

The ethos of this policy agrees with those of the bullying policy, the equal opportunities policy and the pastoral care policy. It meets the school's duty with regard to 'Keeping Children Safe in Education (2016)' and the Prevent strategy.

Statement of Policy

The school aims to prepare pupils for the opportunities, responsibilities and experiences of adult life.

The school acknowledges its responsibility to educate its pupils regarding the choices available to them in relationships. In order to make healthy and sensible decisions, children need an adequate understanding of their own physical and emotional development. The delivery of the programme encourages pupils to consider morals and the value of family life.

This policy is a subset of the curriculum policy and is an integral part of the schemes of work for science and PSHE.

Parents have the right to withdraw their child/ren from all or part of the course however, from 2020/21 this will be amended to allow pupils to withdraw from sex education, but not from relationship education.

Safeguarding

The trusting relationship between pupils and staff might lead to a child revealing facts that suggest that the child is at risk of emotional or physical harm. Teachers cannot promise confidentiality. Only in extreme circumstances would the school have knowledge which it did not

disclose to parents and in that case safeguarding issues would need to be addressed (see Safeguarding Policy). Staff involved in the sex education programme are fully aware of the school's policy regarding safeguarding.

Teachers need to be aware that effective relationship and sex education, which brings an understanding of what is and is not acceptable in a relationship, may lead to disclosure of a child protection issue. The staff member will inform the Designated Safeguarding Lead in line with the school procedures for Safeguarding. A member of staff cannot promise confidentiality if concerns exist.

Pupils will be protected from teaching materials that would be considered inappropriate when bearing in mind the age, religion and culture of the child. Any teacher who is aware of any such material will bring it to the attention of the Deputy Head or Headteacher.

Moral and Values Framework

Relationship and sex education will reflect the values of the PSHE programme. RSE will be taught in the context of relationships. In addition, RSE will promote self-esteem and emotional health and well-being and help pupils form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

Aims and Objectives for Relationship and Sex Education

The aim of RSE is to provide children with age-appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their health-related behaviour. This should take place with consideration of the qualities of relationships within families. The objectives of relationship and sex education are;

- To provide the knowledge and information to which all pupils are entitled
- To clarify/reinforce existing knowledge
- To raise pupils' self-esteem and confidence, especially in their relationships with others;
- To help pupils understand their sexual feelings and behaviour, so they can lead fulfilling and enjoyable lives;
- To help pupils develop skills (language, decision making, choice, assertiveness) and make the most of their abilities.
- To provide the confidence to be participating members of society and to value themselves and others;
- To help gain access to information and support
- To develop skills for a healthier safer lifestyle
- To develop and use communication skills and assertiveness skills to cope with the influences of their peers and the media
- To respect and care for their bodies
- To be prepared for puberty and adulthood

Equal Opportunities

Every child is entitled to receive RSE regardless of ethnicity, gender, religion, age, culture, disability, sexuality, language needs, and including disadvantaged and looked after children. It is our intention all children have the opportunity to experience a programme of RSE at a level which is appropriate for their age and physical development with differentiated provision if required.

The Teaching Programme for Relationship and Sex Education

Key Stage 2

- That the life processes common to humans and other animals include nutrition, growth and reproduction.
- About the main stages of the human life cycle.
- Children are taught about the physical, emotional and social changes at puberty, which include personal hygiene.
- In RE and Citizenship, they continue to develop an understanding of relationships within a family, between friends and the community and that there are different patterns of friendship. They will develop skills needed to form relationships and to respect other people's emotions and feelings. They will consider how to make simple choices and exercise some basic techniques for resisting pressures.
- Relationship and sex education should focus on the development of skills and attitudes not just the acquisition of knowledge.

Key Stage 3 and 4 follows a similar theme to Key Stage 2, however there will be more depth to the subjects that are covered:

Year 7

- Bullying
- Emotional well-being and mental health
- Growing up
- Communities

Year 8

- Identity
- Healthy lifestyle
- Alcohol, tobacco and drugs
- Relationships

Year 9

- Sex, sexuality and sexual health
- Risk and safety
- Money and me
- Planning for the future

Year 10

- Alcohol, tobacco and drugs
- Healthy lifestyle
- Risk and safety
- Communities
- Business and enterprise

Year 11

- Relationships
- Sex, sexuality and sexual health
- Emotional well-being and mental health
- Identity
- Planning for the future
- Finance

Parental consultation

The school informs parents when aspects of the relationship and sex programme are taught and provides opportunities for parents to view the videos and resources being used.

Parents have the right to withdraw their children from those aspects of Relationship and sex education not included in the Science Curriculum. However, this rarely happens. By working in partnership with parents they tend to recognise the importance of this aspect of their child's education.

The Organisation of Relationship and Sex Education

Relationship and sex education is delivered through Science, RE, PSHE, literacy activities and circle time. Relationship and sex education is taught by classroom teachers, subject specialists, teaching assistants and if appropriate, outside visitors such as the school nurse.

A range of teaching methods which involve children's full participation are used to teach relationship and sex education. These include use of video, discussion, looking at case studies, drama and role play.

Relationship and sex education is usually delivered in mixed gender groups however, there may be occasions where single gender groups are more appropriate and relevant.

Resources to teach relationship and sex education include fiction, reference books, leaflets and extracts from videos.

Monitoring, and Evaluation

The PSHE Co-ordinator has the responsibility to ensure that the programme delivered to pupils meets the requirements of this policy.

Review

The Head Teacher will review this policy every two years.

