

## LGS Stoneygate Menu

### Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato and basil soup. Freshly baked bread.	Leek and potato soup. Freshly baked bread.	Pea and mint soup. Freshly baked bread.	Mushroom soup. Freshly Baked Bread.	Spring vegetable soup. Freshly Baked Bread.
Roasted vegetable lasagne and garlic bread with broccoli and mixed vegetables.	Roast turkey and roast potatoes with sliced carrots and cabbage.	Beef Balti and steamed rice with mini naan bread, cauliflower and green beans.	Pork sausages and cheesy mash with baked beans and roast vegetables.	Fish fingers chips and peas or beans. Battered cod.
Macaroni cheese and side salad.	Vegetable hot pot. Savoy cabbage and carrots.	Aubergine and chickpea curry with steamed rice, Cauliflower and green beans.	Vegan sausages and mash potato with baked beans and roast vegetables.	Vegetable samosa.
Jacket potato cheese and beans. Four cheese and spinach pasta.	Jacket potatoes cheese and beans. Herby tomato pasta and cheese.	Jacket potato cheese and beans. Pasta and cheese or roast veg sauce.	Jacket potato cheese and beans. Tomato and basil pasta.	Jacket potato cheese and beans. Plain pasta.
Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar
Eton mess. Jelly pot. Whole fruit.	Chocolate iced sponge. Sliced fruit. Whole fruit.	Homemade choc chip cookies. Yogurt pot. Whole fruit.	Jam sponge and custard. Sliced fruit. Whole fruit.	Fruity Friday.

independents  
by sodexo

V= Vegetarian

If you suffer from a food allergy or intolerance you are advised to consult with the Sodexo Manager

## LGS Stoneygate Menu

### Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Sundried tomato soup. Freshly Baked Bread	Leek and potato soup. Freshly Baked Bread	Pea and mint soup. Freshly Baked Bread	Mushroom soup. Freshly Baked Bread	Spring vegetable soup. Freshly Baked Bread
Penne pasta bar with 3 sauces and garlic bread. Tomato and basil. Three cheese. Spicy tuna.	Roast beef and Yorkshire pudding with crispy potatoes, cauliflower and green beans.	Katsu chicken burger with parsley boiled potatoes, baton carrots and sweetcorn.	Mediterranean pork meatballs and spaghetti with broccoli and mixed veg.	Fish fingers and chips with peas or beans. Smoked haddock.
Savoury rice with garden peas and carrots.	Vegetable crumble with cauliflower and green beans.	Vegetable burger with parsley potatoes, carrots and sweetcorn.	Spicy tomato Quorn balls with broccoli and mixed veg.	Mini vegetable spring roll.
Jacket potato cheese and beans.	Jacket potato cheese and beans. Pasta bake and side salad.	Jacket potato cheese and beans. Pasta with cheese and side salad.	Jacket potato cheese and beans. Spaghetti carbonara.	Jacket potato cheese and beans. Penne pasta.
Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar	Fresh Salad Bar
Sweet waffles and summer fruits. Jelly pot. Whole fruit.	Lemon drizzle slice. Sliced fruit. Whole fruit.	Flapjack squares. Yogurt pot. Whole fruit.	Steamed syrup sponge and custard. Slice fruit. Whole fruit.	Fruity Friday.

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## LGS Stoneygate Menu

### Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Tomato and basil soup.</p> <p>Freshly baked bread.</p>	<p>Leek and potato soup.</p> <p>Freshly baked bread.</p>	<p>Pea and mint soup.</p> <p>Freshly baked bread.</p>	<p>Mushroom soup.</p> <p>freshly baked bread.</p>	<p>Spring vegetable soup.</p> <p>Freshly baked bread.</p>
<p>Three bean chilli and rice.</p> <p>Loaded nachos.</p> <p>Cauliflower and green beans.</p>	<p>Lamb shepherd's pie with cheesy mash mixed vegetables and braised cabbage.</p>	<p>Hunters chicken and baby roast potatoes with sliced carrots and sweetcorn.</p>	<p>Posh handmade pork sausage roll with parsley new potatoes, broccoli and sauté peppers.</p>	<p>Fish fingers and chips with peas or beans.</p> <p>Tartare crumble topped cod.</p>
<p>Cheese and vegetable quesadillas.</p>	<p>Vegan lentil pie and herby mash with mixed vegetables and braised cabbage.</p>	<p>Hunters vegan fillet and baby roast potatoes with sliced carrots and sweetcorn.</p>	<p>Vegan sausage roll with parsley new potatoes broccoli and sauté peppers.</p>	<p>Vegetable nuggets.</p>
<p>Jacket potato cheese and beans.</p> <p>Italian Quorn pasta.</p>	<p>Jacket potato cheese and beans.</p> <p>Tomato spring onion and pasta bake.</p>	<p>Jacket potato cheese and beans.</p> <p>Macaroni cheese and leek bake.</p>	<p>Jacket potato cheese and beans.</p> <p>Stir fry vegetable egg noodles.</p>	<p>Jacket potato cheese and beans.</p> <p>Plain pasta.</p>
<p>Fresh salad bar.</p>	<p>Fresh salad bar.</p>	<p>Fresh salad bar.</p>	<p>Fresh salad bar.</p>	<p>Fresh salad bar.</p>
<p>Chocolate mousse pots.</p> <p>Soya yogurt pot.</p> <p>Whole fruit.</p>	<p>Profiteroles.</p> <p>Sliced fruit.</p> <p>Whole fruit.</p>	<p>Shortbread triangles.</p> <p>Jelly pot.</p> <p>Whole fruit.</p>	<p>Toffee apple crumble and custard.</p> <p>Soya yogurt pot.</p> <p>Whole frit.</p>	<p>Fruity Friday.</p>

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